

CREATIVE WRITING IN SCOTLAND

Writing & Wellness Retreat with

Kate Forsyth

In the Heart of Scotland 15-23 October 2025

REST. RESTORE. RENEW. WRITE.

"I have Scottish heritage on both sides of my family, and so have always been entranced by this misty land of castles, lochs and mountains. As a little girl I devoured stories inspired by Scotland's enthralling history and wondrous folktales, and my first published books, The Witches of Eileanan, were inspired by that lifelong fascination. Scotland was one of the first places in the world that I travelled to as a young woman as I sought to connect with my ancestors' stories. In the years since, the land of the brave has never relinquished its hold on my imagination, perhaps because I have retold so many of its folktales both as an author and an oral storyteller.

I have long been dreaming about a retreat designed to help creative souls rest and recharge their batteries, recover from burnout or exhaustion, and restore their sense of joy in writing. I wanted it to be somewhere beautiful, where we could easily immerse ourselves in nature, and somewhere with a rich and captivating culture to inspire our imaginations. I wanted a setting that would give us time to read and write and wander in the woods, while still giving us a base to explore further and discover new experiences. I wanted to create an enriching experience for anyone who came: a time of connection, inspiration, joy and renewal with the potential to be truly life changing.

I knew Scotland was the perfect place to hold such a retreat – its wild landscape and spellbinding stories was just what I was dreaming about. But I needed to find the perfect place for us to stay, so I set off to explore the heart of Scotland, the beautiful county of Perth and Kinross, said to have its feet in the Lowlands and its head in the Highlands. And there I discovered the Crieff Hydro Hotel, built in Scots Baronial style in 1868 by an Edinburgh doctor who believed passionately in the remedial powers of nature. The hotel lies at the centre of a 900-acre estate of gardens and woodlands, has an indoor heated swimming pool with original Victorian fresco ceiling, sauna, steam room and spa, and a fabulous glasshouse bar with stunning views over the Strathearn Valley. Best of all, it is within easy reach of some of my favourite places in Scotland."



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ABOUT

Join award-winning and internationally bestselling author Kate Forsyth for nine days in Scotland, the land of lochs and legends, at a writing retreat designed to regenerate your creativity and immerse yourself in the story you wish to tell.

This retreat is designed for any writer who is hungering for time, space, and new creative energy, or for anyone who feels that they have lost their way with their writing and want to find their way back to it. Mornings will be spent talking about the art and craft of writing, discussing and solving problems in your writing practise or work-in-progress, and challenging yourself to think more deeply and fully about the story you are writing.



A series of carefully curated writing prompts will challenge and extend you, and help you enter creative flow. In the afternoons we'll explore glorious natural landscapes in the heart of Scotland, which are especially breathtaking in the autumn, with plenty of time to relax, find inspiration and write.

Invest in your writing dreams and learn from one of Australia's most acclaimed creative writers in one of the world's most historic – and magical – literary settings.



BETTER READ TOURS







Discover **Edinburgh**, 'yon Empress of the North' in Robert Burns' words, where we'll learn about the witchy history of the Old Town and explore its underground vaults and secret wynds. Next, we'll head to **Perthshire** to immerse ourselves in an autumnal landscape of gold, amber, and crimson hues. Nestled between the majestic Highlands and the rolling hills of the Lowlands, Perthshire offers a picturesque backdrop of ancient woodlands, fabled lochs, and grand historical estates. This is a land where **nature** and storytelling intertwine, leaving you enchanted and inspired to write.

Across several afternoon tours, you will discover the birthplace of Mary Queen of Scots; wander through stunning landscapes that inspired literary giants such as Nan Shepherd, Sir Walter Scott and Robert Burns; learn about Scottish folklore from a kilted guide; and encounter the mythologised charm of the loch.

We'll taste the best produce from the region – and of course, try a **dram of whisky** or two!

On your free afternoons and evenings you'll have plenty of time to explore, relax, write and discuss ideas with your fellow retreat participants. The Hydro Hotel is built high on the Knock, the hill that stands guard over the town of Crieff. From the hotel you can walk into the woods and discover the ancient Cradle Stone, a gigantic rock said to have been split in half by druidical magic, or walk to the summit and see views that stretch from the **Sidlaw Hills** in the east to Ben Ledi and Ben Voirlich in the west. It is a short walk down into the town itself, with its cosy pubs, cute shops, and quaint little local museum. Or you can stay at the hotel, swim in the pool, have a massage, or read in the Winter Garden with a hot chocolate.



KATE FORSYTH



Dr Kate Forsyth is an awardwinning author, poet, and storyteller. She wrote her first novel at the age of seven and has since become an internationally best-selling novelist and creative non-fiction writer.

Named 'one of the finest writers of this generation', Kate has written more than 50 books, for all age groups and across many genres, and has published in 20 countries. Kate's first published books, The Witches of Eileanan, were inspired by a dream she had when she was only sixteen. Ten years later she began to turn the dream into a story, which ended up as a series of nine books, still loved and quoted across the world today.

Kate's most recent book, *Psykhe*, is a retelling of the ancient myth of Psyche as a life-affirming celebration of feminine desire, strength and disobedience. Other novels for adults include *The Crimson Thread*, set in Crete during the Nazi invasion; *Bitter Greens*, which won the 2015 American Library Award for Best Historical Fiction; and *The Wild Girl* which was named the Most Memorable Love Story of 2013.

Kate was awarded the Nancy Keesing Fellowship by the State Library of NSW to research and write a bibliomemoir inspired by her ancestor, Charlotte Waring Atkinson, the author of the first book for children published in Australia. Searching for Charlotte: The Fascinating Story of Australia's First Children's Author was written with her sister Belinda Murrell and longlisted for the 2021 Indie Book Awards. Other recent collaborative projects include Alchemy, a book of art and poetry created with the Archibald Prize winning artist Wendy Sharpe. Children's books include Kate Forsyth's Long-Lost Fairy Tales, The Impossible Quest, The Puzzle Ring, and Aurealis-award winning The Gypsy Crown.

Kate has a BA in literature, a MA in creative writing, and a Doctorate of Creative Arts in fairy tale studies. She is also an accredited master storyteller with the Australian Guild of Storytellers. Kate has taught writing retreats in Australia, Fiji, Greece, and the Cotswolds.

Connect with Kate:

WEB: kateforsyth.com.au
INSTAGRAM: @Kate_Forsyth_
TWITTER: @KateForsyth
FACEBOOK: @kateforsythauthor



Psyckhe, 2024 Kate Forsyth.

BETTER READ TOURS







For seven mornings, join Kate and your other retreat participants from 9.30-11.30am for an intensive discussion of one crucial aspect of creative writing, accompanied by a series of challenges designed to get your mind racing and the ink flowing. The idea is to help you regain a sense of adventure and excitement in your writing, learn how to navigate some of the most difficult straits in long-form creative writing, and to discover your own strengths and weaknesses. In each class, we will also look at examples of writing from the authors on our reading list for inspiration and insight into their creative choices.

Topics to be explored include:

- 1. Generating new ideas and creative energy
- 2. Sharpening your observational skills
- 3. Epiphany and transformation
- 4. Running wild and reconnecting to nature
- 5. How to write a perfect sentence
- 6. How to murder your darlings
- 7. The hidden art of telling a story

This is a time to be open, to actively listen and learn, and to share in a calm, nurturing and supportive environment, while receiving the insights and guidance of an author who has made her living from writing for almost thirty years.

This course has been developed to be complementary to Kate's other creative writing retreats and workshops, so both former and new participants will benefit equally from its content.





The Crieff Hydro Hotel was founded in 1868 by Dr Thomas Henry Meikle, who had received treatment at a health spa in Austria established by Vincenz Priessnitz, widely regarded as the founder of 'The Nature Cure'. Preissnitz believed that invigorating mountain air, plunges into the cold fresh water of rivers and lochs, simple country food and vigorous outdoor exercise would help ailments of both the body and the spirit. Modern medicine has proved him right.

The Hydro, as it is called by locals, is now managed Dr Meikle's great-great-grand nephew, and still offers an environment where health, vigour and wellbeing are paramount. Luckily a few of the good doctor's principles have been gently let go - you will no longer be fined a penny if you missed grace before meals, and the stern rules against imbibing alcohol no longer apply, with several bars on site, and a tasting room where you can sample the best Scottish gin and whisky.

Crieff, our main base, offers a delightful blend of old-world charm, natural beauty and modern amenities. Once a thriving market town, Crieff gained prominence in the 18th century as a centre for cattle-droving, and remnants of this heritage can be seen in its unique architecture and urban design.

Although we have already curated for you some of the best experiences the region has to offer, from our hotel you can explore the stunning landscapes of nearby Drummond Castle Gardens, take a stroll along the picturesque River Earn, or for the more adventurous, head out into nature on a self-guided hike. We're also a short walk into the town centre where you'll find charming shops full of local arts and crafts, cafés, bars and other amenities at your fingertips.

Perthshire, often referred to as the "Heart of Scotland" is known for its stunning landscapes and vibrant cultural history. From its rich agricultural straths to enchanting woodland forests and the majestic southern Highlands, the diversity of Perthshire's landscape will take your breath away.

Whether you're exploring the region's ancient ruins, foraging for wild produce on a nature trail, sampling local cuisine, or immersing yourself in the region's unique folklore, Perthshire is the ideal destination for anyone seeking an authentic Scottish experience.



MEAL KEYS:

Breakfast B Lunch L Refreshments R Dinner D

WEDNESDAY 15TH OCTOBER ARRIVAL IN EDINBURGH

In the afternoon, meet Kate and your tour manager in the hotel lobby of your **central Edinburgh hotel.** From here we'll step back in time and discover the witchy history of Scotland's capital city on a walking tour, discovering a more mysterious side to Edinburgh's most iconic buildings

and monuments through lesserknown stories.

We'll return to the hotel in the evening and get to know one another over our welcome dinner.

THURSDAY 16TH OCTOBER **WORKSHOP 1: CREATIVE GENESIS**

After breakfast, we'll check out of the hotel before meeting in our workshop space. Participants will introduce themselves and share the story of their writing journey, and the key obstacles that lie in their path. We will talk about our work-in-progress, our inspirations and motivations, and undertake a series of exercises designed to spark new ideas and set new intentions.

After our workshop, grab a quick lunch and be ready to meet in the lobby with your bags to board our coach. We'll drive to Crieff via **Linlithgow**, the birthplace of **Mary** Queen of Scots, where you'll have time to explore.

After checking in to our **hotel in Crieff**, we'll have time to rest, write or enjoy a sundowner together before meeting for dinner.



FRIDAY 17TH OCTOBER **WORKSHOP 2: THE ART OF OBSERVATION**

One of a writer's jobs is to help readers see the imagined world as if it was real, and to teach them to see the real world with the same clarity and intensity. Watching and listening are therefore an essential skill for writers, and one that must be practised and honed. In this day's workshop, Kate will lead a discussion on different ways of seeing and share some examples of acutely observed writing. You may then choose from a set of writing challenges to help you learn to acutely observe the world around you.

Your afternoon is then free to do as you will. Use the time to slow down, rest, recharge, and breathe deeply. Find a space of time to go out into the world, and just sit and observe. Write down what you see, taking the time to notice the small telling detail. Read a poem or a book, savouring every word. Daydream.

SATURDDAY 18TH OCTOBER WORKSHOP 3: EPIPHAN The word 'epiphany' comes from the Greek root epiphan **WORKSHOP 3: EPIPHANY + TRANSFORMATION**

from the Greek root epiphaneia, meaning 'to reveal or show'. It is a moment of sudden realisation or insight that leads to profound change. In this session, we talk about epiphanies in life and in storytelling, and its role in transformation. Kate will also give you some questions and challenges designed to spark

new insights into your characters and story.

Your afternoon is once again **free** to do as you please. Try and do something rhythmical with your body, like walking or swimming, while you think over the morning's workshop and reflect on your new, deeper understanding of your work-inprogress. Or you may prefer to keep on writing, pushing your story along as far as you can.









SUNDAY 19TH OCTOBER WORKSHOP 5: WILD WRITING

Wild Writing is all about reconnecting with our wild selves and releasing our wild voices. What do I mean by wild? All those beautiful words like fierce, free, natural, tempestuous, unexplored, untamed. It's about letting our imaginations run free, taking risks, opening ourselves up to possibility. In this session, we share some of our doubts and fears and uncertainties about writing, talk about problems in our creative project and potential solutions, and undertake rounds of free writing in response to given stimuli.

For the first time, participants will be asked to share a short excerpt of their writing, knowing they are in a safe and nurturing environment. Sharing your writing is without doubt one of the most frightening things you can do as a writer. But it's also incredibly rewarding. It is a way to grow and learn and practise bravery, and it encourages others in the group to be brave too.

Afterwards, you'll be asked to **go out into the wild**, sit somewhere in silence, and write all that you see and hear and feel, allowing the words to flow through you without trying to control them.

Afternoon Tour: Lochs + Legends

After lunch we'll meet our local guide for a tour of Loch Tay, where we'll learn about the importance of the loch in Scottish history, lore and storytelling. We'll also visit the ancient Fortingall Yew, one of the oldest and most sacred trees in Britain, along with a mysterious prehistoric stone circle.

Free evening.



B-MT-R

Afternoon Tour: The Best of **Perthshire**

Today our **local guide** will show us the best of the Perthshire region as it comes to life in autumn.

We'll learn stories about the land and its famous literary connections, making stops in charming towns such as Pitlochry, Dunkeld and Aberfeldy along the way. If we're lucky, we may even see some leaping salmon at Ossian's Hall!

On the way home we'll stop at a picturesque setting for dinner.

TUESDAY 21ST OCTOBER WORKSHOP 6: HOW TO MURDER YOUR DARLINGS

We've all been told to do it. But what exactly does it mean to what exactly does it mean to murder your darlings, and how exactly do we do it? In this session, Kate will talk about the three Cs of editing, the importance of rewriting, and the importance of deconstructing and dissecting your own work.

After lunch and some free time to write, we'll head to Scotland's oldest working distillery to learn about the artistry and history behind their small-batch hand-crafted whiskey – and then we'll get to taste a dram or two ourselves!

Free evening.











WEDNESDAY 22ND OCTOBER WORKSHOP 7: NARRATIVE THERAPY

In our **final workshop** of the retreat, we will talk about the power of storytelling to create **intimate connections between humans**, what makes a story succeed or fail, and **Kate will share some of her secrets of spellbinding storytelling**. The second half of the seminar will be spent putting the ideas into practise, with a selection of writing prompts and challenges.

Free Afternoon. Time to squeeze in those final 'must-do' activities or have one last massage!

In the evening we attend our Farewell Dinner at a magical, mystery location. Meet in the lobby at 5:30pm to catch a taxi to dinner. Prepare to be spellbound!



DAY 9

THURSDAY 23RD OCTOBER FAREWELL TO CREATIVE WRITING IN SCOTLAND

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Enjoy your final breakfast and check out of the hotel in time for coach pickup. On the way back to Edinburgh, we'll stop via Falkland, a quaint town of traditional stone houses with a palace that was once a favoured retreat of Scottish royalty. Our final stop will be Waverley Station, Edinburgh, where you'll either make your way to the airport or continue with your own journey.

As we say farewell to our writing retreat we leave with newfound friendships, inspiration and rekindled drive to pursue our writing dreams.





BETTER READ TOURS











INCLUDED IN COST

- Seven writing workshops with award-winning author, Dr Kate Forsyth.
- Dedicated Tour Coordinator.
- Curated reading guide selected by Kate.
- 4-star accommodation in historic settings, including daily breakfast (8 nights).
- Tours with local expert on Scottish history, culture, literature and folklore*
- Whisky distillery tour and tasting*
- All entrance fees on tours and experiences (as listed in itinerary).
- Meals and drinks (as listed in itinerary)
- Exclusive dining experience for Farewell Dinner.
- All transfers listed in the itinerary.

EXCLUDED FROM COST

- Airfares to and from the UK
- Any transfers not mentioned in itinerary
- Any visas you may required
- Travel Insurance. (This is compulsory)
- Meals, services, drinks or gratuities not mentioned in the itinerary
- Incidentals and expenditures of a personal nature
- Covid-19 testing, medication or medical expenses

SINGLE

ACCOM.

TWIN

SHARE

Price is in \$AUD. To book, please email <u>tours@betterread.com.au</u> or submit a <u>booking form</u> on our website for more information. Please read the booking conditions on page 19 and note the following pay dates.

FULL PRICE	\$10,450	\$8,890
Deposit to secure booking (30%)	\$3,135	\$2,667
Second Instalment due by 21 February 2025 (50%)	\$5,225	\$4,445
Final Payment due by 18 July 2025 (20%)	\$2,090	\$1,778

Full payment needs to be completed before 18 July 2025.

^{*}Subject to amendment pending availability.

BETTER READ THAN DEAD, located in the heart of Newtown's lively King Street, is one of Sydney's most iconic independent bookshops and Lonely Planet's favourite bookshop in Sydney. We have been an active member of Sydney's literary community for over two decades, renowned for our enthusiastic support of authors and our diverse literary events.

Better Read Tours launched in 2017 to combine Better Read Than Dead's wealth of literary knowledge with the expertise of a trusted educational tour company. We provide our clients with a programme of thoughtfully curated, fully escorted tours and writing retreats to the world's most fascinating literary destinations.

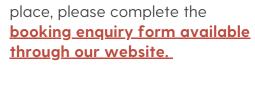
Our tour guides and writing mentors have been carefully chosen to provide insight into their selected destinations and give guidance on their craft. There is no one better suited to help you navigate these foreign shores and understand the historical, cultural and political events that have shaped the world's areatest and most influential writers.

Our writing retreats merge our unique, local-infused itineraries with the opportunity to work closely with an experienced Australian writing mentor. Whether you're seeking focus for your creativity, inspiration in stunning new environs, advice on



how to hone your writing practice or turn your focus on to a particular project, these immersive workshops offer the perfect retreat from the dayto-day. We are always working hard to create new and compelling travel opportunities. Be the first to learn of new tours by following us on social media and subscribing to our newsletter.





If you would like to secure your

OR

Complete the booking form on page 19 and email to tours@betterread.com.au or post to Better Read Tours, c/o Better Read Bookshop, 265 King Street, Newtown NSW 2042.

WHAT HAPPENS WHEN I SEND IN A BOOKING ENQUIRY FORM?

A representative of Better Read Tours will contact you via phone and email to discuss booking options. You will be offered a place and a tax invoice will be issued. To secure your place, a 30% deposit is required within 7 days of receiving your booking form. We will receipt your payment and issue a tax invoice showing your payment and any balance due. This deposit is non-refundable. However, in the unlikely event we do not get required numbers for the tour to go ahead, Better Read Tours will refund your deposit.

CANCELLATION

Your 30% deposit is non-refundable. If you cancel your booking more than 90 days prior to the start of the tour, you will be eligible for a refund of up to 70% of the tour cost, depending on your payments already made. All requests for booking cancellations and refunds must be made in writing.

TRAVEL INSURANCE

Travel insurance is compulsory for all participants taking this tour. We recommend you organise your travel insurance at the time of booking.

For more information:

INSTAGRAM: @betterreadtours
FACEBOOK: @betterreadtours
TWITTER: @betterreadtours
EMAIL: tours@betterread.com.au
WEBSITE: betterreadtours.com
TELEPHONE: +61 475 761 717





Please read the following terms and conditions carefully as they form part of all bookings except to the extent approved by variation in writing approved by a director of Better Read Tours Pty Ltd ABN 16 621 237 885 (BRT).

Prices: All prices are subject to availability and can be withdrawn or amended at any time without notice. Price and inclusions valid on tour dates only.

Amendment/Cancellation Fees: We reserve the right to charge you for any amendment or cancellation made by you (regardless of the reason). These charges can be up to 100% of the cost of the booking, regardless of whether travel has commenced. BRT reserves the right to charge cancellation fees over and above those charged by wholesalers, tour operators, airlines, cruise companies, etc. Fees may also apply where a booking is changed or tickets are reissued.

Deposit & Final Payment: To secure your reservation you will be required to pay a deposit of 30% of the total tour price, within 7 days of receiving your booking form. Your deposit forms the first part of three payment installations which must be received by us before documents are issued. The second instalment is required by 21st February 2025, and the final payment is required 18th July 2025. Subject to the Australian Consumer Law, the deposit is non-refundable.

Travel Documents: Travel documents are subject to certain conditions and/or restrictions including restrictions on refunds, changes of dates and subject to cancellation and/or amendment fees. All travel documents are non transferable. All airline tickets must be issued in the identical name of the passport holder, as airlines are at liberty to deny carriage if the name varies and the booking may be cancelled. Any resulting fees will be at the traveller's own expense.

Passports & Visas: It is your responsibility to ensure that you have valid passports, visas and re-entry permits which meet the requirements of immigration and other government authorities. Any fines, penalties, payments or expenditures incurred as a result of such documents not meeting the requirements of those authorities will be your sole responsibility.

All travellers must have a valid passport for international travel and many countries require at least 6 months validity from the date of entry. It is your responsibility to obtain up-to-date information regarding visa and other travel document requirements for your trip relating to your personal circumstances. We recommend seeking advice from an external visa advisory service if you are unsure of what is required. We are unable to obtain visas on your behalf. We do not warrant the accuracy of information or assistance provided by us. Subject to the Australian Consumer Law, we accept no liability for any loss or damage, which you may suffer in reliance on information or assistance provided by us.

Health: It is your responsibility to ensure that you are aware of any health requirements for your travel destinations, including those specific to Covid-19. Whilst we have a duty of care to ensure the health and safety of tour participants, we cannot enforce Covid-19 testing, mask-wearing or isolation. Should you come down with symptoms of Covid-19, please advise the Tour Leader and arrange a solution at the Tour Leader's discretion. All advice on Covid-19 is subject to the laws of the country you are in. You must carry all necessary vaccination and other medical documentation, and comply with any applicable health law, order or requirement reasonably necessary to protect the health or safety of any of our suppliers, fellow travellers or your-self. Better Read Tours expects that you have achieved a good level of fitness prior to departure that enables you to comfortably walk up stairs and to walk reasonable distances with vigour.

Travel Insurance: Travel insurance is strongly recommended by the Department of Foreign Affairs and Trade for all overseas travel and is compulsory to participate in a Better Read Tours tour. Please note that travel insurance may not cover all potential losses.

Fees & Charges: Credit card charges may apply.

Taxes: Certain taxes are mandatory in various countries. There may also be an additional local tax charged at some airports. All taxes are subject to change without notice.





It is recommended that you visit the website of the Department of Foreign Affairs for all up to date information. www.smarttraveller.org.au

Termination and Variation: We reserve the right to vary or cancel the itinerary where reasonably required as a consequence of matters outside of our control (including for public health, availability, civil unrest or other safety or economic reasons). In that event, we will provide a suitable similar experience or, if that is not possible, offer a credit or refund (at our election to the extent permitted by law). We also reserve the right to terminate your future participation in the itinerary where we have reasonable grounds for believing that your continuation provides a danger to our suppliers or other travellers. In this case (and subject to any law) we will only refund any amount that we can recover from suppliers for untaken parts of the tour.

Agency: BRT is a tour company and the travel supplier. We work to bring to you a unique travel experience. Better Read Tours will assist you in all possible areas should there be dissatisfaction with any service provided.

Liability: Subject to the Australian Consumer Law, we do not accept any liability of whatever nature for the acts, omissions or default, whether negligent or otherwise, of third-party providers over whom we have no direct control. Under circumstances where liability cannot be excluded, such liability is limited to the value of the purchased travel arrangements to the extent permissible. To the extent permitted by law, we do not accept any liability in contract, tort or otherwise for any injury, damage, loss (including consequential loss), delay, additional expenses or inconvenience caused directly or indirectly by any event or matter which is beyond our control or which is not preventable by reasonable diligence on our part.

Privacy Policy: Better Read Tours is committed to protecting the privacy and confidentiality of personal information.

Bookings: Better Read Tours reserves the right to refuse any booking at our sole discretion. No reason needs to be given for such refusal.









BETTER READ TOURS

BOOKING ENQUIRY FORM

Thanks for booking with us. Better Read Tours will record your booking request and contact you via email or phone to confirm. A tax invoice will be sent via email with our PayPal details and the amount due.

Your booking is not confirmed until we acknowledge that a deposit has been received. If you have additional accommodation requirements, we are happy to advise you on who to enquire with.

All bookings are subject to our terms and conditions. When filling in this form, please ensure spelling is correct and your name is written exactly as it is on your passport. Type directly on to the form or print out, scan and complete.

Please send the completed booking request via email to <u>tours@betterread.com.au</u> or post to Better Read Tours, c/o Better Read Bookshop, 265 King St Newtown NSW 2042. One form is to be completed per person. We look forward to assisting you.

DATE OF ENQUIRY:	REQUESTED EXPERIENCE				
TITLE	FIRST NAME		LAST NAME		
ADDRESS					
S TAT E	POST CODE		COUNTRY		
BEST CONTACT NUMBER	SECONDARY NU		JMBER		
EMAIL ADDRESS					
DOB	WOULD YOU LIKE TO KEEP UP-TO-DATE WITH OUR NEWSLETTERS? YES NO				
COMMENTS					

